



The Washington Hospital

CENTER FOR ORTHOPEDICS AND NEUROSCIENCES

PEOPLE IN MOTION

OUTPATIENT REHAB FAQ's

Are your Therapists licensed?

All of our therapists are licensed by the State Board of Pennsylvania. Many have special certifications and advanced training in specialty areas such as Orthopedics, Manual Therapy, Hand and Upper Extremity Therapy, Lymphedema Management, Aquatics, Strength and Conditioning etc. Our therapists are excellent and have over 225 years of experience.

Do you accept all insurances?

We accept most insurance programs and work closely with our Case Management Department to verify coverage, benefits, authorization and co-pay amounts for patients needing rehabilitation services.

What are your hours of operation?

Physical Therapy:

8 AM to 8 PM on Monday, Tuesday, Thursday
8 AM to 7 PM on Wednesday
8 AM to 5:30 on Friday

Occupational Therapy:

7:30 AM to 6 PM Monday & Wednesday
7:30 AM to 5 PM Friday
8:30 AM to 2 PM Tuesday, Thursday

Speech Therapy:

1 to 4 PM Monday through Friday, morning times available by appointment

Do I need a doctor's script or referral to come to therapy?

We are required to have a referral from your treating physician prior to providing therapy. We will work closely with your doctor to keep him/her well informed of your progress while you are a patient with us.

How long will I need to come to therapy?

Your doctor may provide you with an estimation of how long you will be in therapy. Your therapist will perform an initial evaluation and develop a plan of care with you that will help to determine what your needs are and the

goals you will be working towards in your rehab program. Some patients progress faster than others and your therapist will keep you well informed of your progress. We will work closely with you as you recover from your injury or disability to get you back to your normal activities and as independent as possible.

How long is a typical Physical Therapy Visit?

Your first visit will most likely be a little longer due to the fact that you will need registered by our front office staff and will need to complete a health history form. Your physical therapist will perform an initial evaluation which will consist of various tests and measurements depending upon your diagnosis. Most insurance will permit your therapist to provide treatment at the first session as well, which will also vary depending upon your evaluation results and your diagnosis. The first visit will most likely take approximately an hour to an hour and a half.

Your next visits will most likely be anywhere from 30 minutes to an hour on average, again this is variable and is individualized to each patient depending upon their needs.

Do you collect co-pays?

We are required by law to collect insurance co-payments. Our front office will inform you of your co-pay at your first visit. We strongly encourage you to pay your co-pay at the time of service. In doing so, we will provide a small discount to you which. If you prefer to be billed at a later time for your co-payments, we can work that out for you however you will not receive the time of service discount.