



The Washington Hospital

CENTER FOR  
ORTHOPEDICS AND NEUROSCIENCES  
PEOPLE IN MOTION

## STROKE CARE FAQs

### What is stroke?

- Stroke is a brain attack, cutting off vital blood flow and oxygen to the brain

### Who does stroke affect?

- Stroke can happen to anyone at anytime, regardless of race, sex or age. Approximately 55,000 more women than men have a stroke each year and blacks have almost twice the risk of first-ever strokes compared with whites

### Why is it important to get stroke treatment FAST?

- Two million brain cells die every minute during stroke, increasing risk of permanent brain damage, disability, or death. Recognizing symptoms and acting FAST to get medical attention can save a life and limit disabilities

### Is it important to seek emergent medical treatment if the stroke symptoms go away?

- YES. You could be experiencing a TIA or Transient Ischemic Attack. About 15 percent of strokes are preceded by a TIA and 40 % of all people who have experienced a TIA will go on and have an actual stroke. Only a doctor can determine a stroke or TIA. TIA indicates serious underlying stroke risks and is a powerful warning that a full stroke may soon follow